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**Overeaters Anonymous
San Antonio Intergroup
23rd Annual Retreat**

September 19-21, 2025

5:00 pm Friday to 10:00 am Sunday

**Register at \$350.00 double occupancy for full retreat
Or \$500.00 single occupancy for full retreat**

We now accept credit cards on-line!

Join the San Antonio Intergroup of Overeaters Anonymous for a weekend of recovery in the serene surroundings of T-Bar-M.

This is an abstinent retreat. Meals are provided from Saturday breakfast at 8:00am to Sunday Breakfast at 7:00am. A refrigerator and microwave are available. Partial Scholarships for 50% are available (first come first served); deadline to apply is August 12th. Email Ron J. for availability.

Dorm buildings: Bring personal items. Rooms have 2 queen beds, mini fridge, TV, & hair dryer. Please leave valuables at home. Camp is smoke-free.

Suggestions: AA Big Book, OA Literature, writing materials, flashlight, and open mind. No pets or visitors.

Service: If you would like to lead a workshop, yoga, meditation, or hiking, sign up at registration.

For Additional Information

Ron J	Co-Chair
(858) 688-3579	rjohnson264@satx.rr.com

Directions: <https://www.google.com/maps/place/T+Bar+M+Camps+%26+Retreats/@29.7243463,-98.187982,17z/data=!3m1!4b1!4m6!3m5!1s0x865c99d900efd009:0xb51a1fa0d529aa30!8m2!3d29.7243463!4d-98.187982!16s%2Fg%2F1tkrm6t1?entry=ttu>

If you are coming from Austin, you will exit IH35 at Exit 189 onto Highway 46 West (also known as Loop 337), and drive for approximately 5.5 miles. Turn left on to T Bar M Drive. You will enter the camp down our paved entrance and drive until it ends at our main Lodge.

If you are coming from San Antonio and points south, you will exit IH35 at Exit 184 onto Loop 337, and drive approximately 2.7 miles. Turn left on Hwy 46 west and drive 2.0 miles to T Bar M Drive on the left. You will enter the camp down our paved entrance and drive until it ends at our main Lodge

Please do not arrive before 5:00pm, housing is not available until 5pm.

September 2025 Registration is available on-line at <https://form.jotform.com/220766936948170>

(Or cut along line & mail. Keep directions above)

Circle one

Enclosed is: \$350.00 or \$500.00 payment in full.

Name _____ Phone _____ Email _____

There are no refunds. To receive receipt, please send stamped, self-addressed envelope or your email address. Make check payable to OA Retreat and mail registration to: OA Retreat, PO Box 33203, San Antonio, TX 78265. The Retreat Committee looks forward to welcoming you and helping to make this retreat a wonderful experience.