



Step 10 Continued to take personal inventory and when we were wrong, promptly admitted it.

Spiritual Principle: Perseverance

San Antonio Area Intergroup—Service Board

SAAI is duly registered with the World Service Office of Overeaters Anonymous.

Our primary purpose is to aid those with the problem of compulsive eating through the Twelve Steps and Twelve Traditions of Overeaters Anonymous and to serve and represent the OA groups from which the Intergroup is formed.

2023-2024 SAAI Board

Chair: Lynn G.	Vice Chair: Michele D.
Treasurer: Amanda S.	Recording Secretary: Swann V.
Communications Secretary: Deborah A.	Parliamentarian: Mary Lou A.
WSO Delegate: Ron J.	Region III Representative: Helen

SAAI has standing and special committees to carry out its purposes in an effective and efficient manner.

2023-2024 SAAI Standing Committee

Communication: Deborah A.	Swan/El Cisne: Rosie/ OPEN
Website: Deborah A.	Public Information: Dawn C.
Professional Outreach: Mary Rose J.	Meeting Info/Phone line: Sharon V.
Welcome Back/Newcomer: Anne A.	12 X 12: OPEN
Archives: Barbara F.	Literature: Barbara F.

OA and AA literature can be ordered and picked up at Intergroup meetings.

Place literature order at: news@sanantonio.com

NEWS From Intergroup Sept and Oct.

As of this writing we are still in need of a 12X12 Committee chair, and apprentices for Communications Secretary and Treasurer. Please consider this service. It is a great way to be a part of carrying the message.

Another one time service need is someone to lead Newcomer Mtg on Nov. 4. Please contact Anne, info in side column, if you can assist.

Other news about upcoming events:

By-laws committee is working to update the SAAI By-Laws. Contact Lynn G. (below) if you want to participate but are not receiving the meeting emails.

IDEA Day (International Day of Experiencing Abstinence) is on Nov. 18, Church of Reconciliation, 1:15 check in, workshop from 1:30–3:30. Also, a “guided walk” experience available before and after.

As always, contact Lynn G., Chair at 210-240-3277 or lglegraham@gmail.com with questions or comments.



Nov. 11

Intergroup 9:45 am-ZOOM and Hybrid MTG
Church of Reconciliation,
8900 Starcrest, 78217
Zoom ID: 832 224 955
Password 111111

Nov. 4

Newcomer/Welcome
Zoom meeting 9:45
Meeting ID: 891 6797
3011
Passcode: 111111
Contact for newcomers
Anne 512-922-2178

Nov.18, Sat IDEA Day

Church of Reconciliation

Contact us:

Phone: 210.492.5400
Email: news@oasanantonio.com
US mail:
SAAI
PO Box 5458
San Antonio, TX 78201
Website:
www.oasanantonio.com
Want to receive The Swan/El Cisne and important updates via email?
news@oasanantonio.com

SUN	5:00 PM Hybrid	Lynn G. (210) 240-3277	University United Methodist Church-South Campus, Main Entrance, Room S210 5084 De Zavala, 78249 Zoom ID: 193 124 988 Password: 474395	Step Study, Discussion, Speaker 2nd Sun
MON	9:30 AM Virtual Only	Vera C. (210) 494-2713	Zoom ID: 324 599 463 Password: 281	Literature: Big Book
	5:45 PM Virtual Only	David E. (830) 928-4844	Zoom ID: 715 513 8641 Password: 121212	Literature Discussion Speaker, 5th Mon.
	7:00 PM Virtual Only	Ken R. (210) 643-5309	Zoom ID: 898 2617 8803 Password: 111111	Discussion
TUES	5:45 PM Virtual Only	Julene (512) 923-0707	Zoom ID: 845 4751 6665 Password: 412908	Joe & Charlie Big Book Study; Bring BB, Notebook; Listening, writing, & sharing
	7:00 PM In Person Only	Curtis (210) 487-1683	Alamo Heights Baptist Church, 6501 Broadway, 78209	Steps, 1st Tues Big Book, 2nd Traditions, 3rd Abstinence Bk, 4th
WED	7:00 PM In Person Only	Graciela (210) 219-9660	Emmanuel Presbyterian Church 713 Division Ave, 78225	Bilingual: Español and English Literatura y Discusión - Literature and Discussion
	7:30 PM In Person Only	Barbara D. (210) 637-7203	Church of Reconciliation, Brigid Room, 8900 Starcrest, 78217	Step Study OA 12 & 12 Newcomers, Ask It Basket
THURS	12:15 PM In Person Only	Graciela (210) 219-9660	Collins Garden Library, 200 N. Park Blvd. (corner of Nogalitos) 78204	OA Literature Discussion
	7:00 PM Hybrid	Kay R. (210) 831-8079	Unity Church, Life Room, 408 Gruene Rd NEW BRAUNFELS , 78130 Zoom ID: 869 1940 4552 Password: 11111111	OA Literature
FRI	8:00 AM In Person Only	Steve C. (210) 259-7174	Abiding Presence Lutheran Church, 14700 San Pedro, 78232 Gym Classroom South Building	NEW MEETING OA Literature
	9:30 AM Virtual Only	Gwen (210) 862-8211	Zoom ID: 803 900 343 Password: 2839	Literature Discussion Speaker, 2nd Friday
	5:45 PM Virtual Only	David E. (830) 928-4844	Zoom ID: 715 513 8641 Password: 121212	Speaker & Topics Alternating Fridays
SAT	8:30 AM Hybrid	Sharon V. (210) 863-3338	Church of Reconciliation Alban Room 8900 Starcrest, 78217 Zoom ID: 140 019 469 Password 111111	OA For Today OA Voices of Recovery Discussion
****MONTHLY MEETINGS****				
1st SAT	9:45 AM Virtual Only	Anne (512) 922-2178	Church of Reconciliation Alban Room 8900 Starcrest, 78217 Zoom ID: 891 6797 3011 Password 111111	SAAI Newcomer & "Welcome Back"
2nd SAT	9:45 AM Hybrid	news@ oasanantonio.com	Church of Reconciliation Alban Room 8900 Starcrest, 78217 Zoom ID: 832 224 955 Password 111111	San Antonio Area Intergroup (SAAI)