



**Step 8**     **Made a list of all persons we had harmed and became willing to make amends to them all.**

**Spiritual Principle: Self-Discipline**

### San Antonio Area Intergroup—Service Board

SAAI is duly registered with the World Service Office of Overeaters Anonymous.

**Our primary purpose** is to aid those with the problem of compulsive eating through the Twelve Steps and Twelve Traditions of Overeaters Anonymous and to serve and represent the OA groups from which the Intergroup is formed.

#### 2023-2024 SAAI Board

Chair: Lynn G.	Vice Chair: Michele D.
Treasurer: Amanda S.	Recording Secretary: Swann V.
Communications Secretary: Deborah A.	Parliamentarian: Mary Lou A.
WSO Delegate: Ron J.	Region III Representative: Helen

SAAI has standing and special committees to carry out its purposes in an effective and efficient manner.

#### 2023-2024 SAAI Standing Committee

Communication: Deborah A.	Swan/El Cisne: <b>OPEN</b>
Website: Deborah A.	Public Information: Dawn C.
Professional Outreach: Mary Rose J.	Meeting Info/Phone line: Sharon V.
Welcome Back/Newcomer: Anne A.	12 X 12: <b>OPEN</b>
Archives: Barbara F.	Literature: Barbara F.

OA and AA literature can be ordered and picked up at Intergroup meetings.  
Place literature order at: [news@sanantonio.com](mailto:news@sanantonio.com)

#### NEWS From Intergroup July 8

Welcome to a new fiscal year! As of this writing we are still in need of a 12X12 Committee chair and a full time Swan editor. Please consider this service. It is a great way to be a part of carrying the message.

Special thanks to Anne A. for becoming the committee chair for the monthly Newcomer's meeting (1st Saturday meets at Church of Reconciliation at 9:45am). Anyone is welcome to attend this meeting to support Anne and meet with newcomers.

Other news about upcoming events:

**Sponsorship workshop** will be held on August 19th at the Alamo Heights Baptist Church from 10:00am to noon. **The 1<sup>st</sup> annual Texas State Convention will be held October 13 – 15, 2023 in Houston TX.** Our Intergroup is considering being a part of this. If anyone would like more information, it can be found at [www.TXOAConvention.org](http://www.TXOAConvention.org)

As always, contact Lynn G., Chair at 210-240-3277 or [lgtelegraham@gmail.com](mailto:lgtelegraham@gmail.com) with questions or comments.



**Aug 12 & Sept 9**  
Intergroup 9:45 am-  
ZOOM and Hybrid MTG  
Church of Reconciliation,  
8900 Starcrest, 78217  
Zoom ID: 832 224 955  
Password 111111

**Aug 5 & Sept 2**  
Newcomer/Welcome  
Zoom meeting 9:45  
Meeting ID: 891 6797  
3011  
Passcode: 111111  
Contact for newcomers  
Anne 512-922-2178

**Aug 19**  
**Sponsorship Workshop**  
**10–noon,**  
**Church of Reconciliation**

**Contact us:**  
Phone: 210.492.5400  
Email:  
[news@oasanantonio.com](mailto:news@oasanantonio.com)  
US mail:  
SAAI  
PO Box 5458  
San Antonio, TX 78201  
Website:  
[www.oasanantonio.com](http://www.oasanantonio.com)  
**Want to receive The Swan/El Cisne and important updates via email?**

SUN	5:00 PM Hybrid	Lynn G. (210) 240-3277	University United Methodist Church-South Campus, Main Entrance, Room S210 5084 De Zavala, 78249 Zoom ID: 193 124 988 Password: 474395	Step Study, Discussion, Speaker 2nd Sun
MON	9:30 AM Virtual Only	Vera C. (210) 494-2713	Zoom ID: 324 599 463 Password: 281	Literature: Big Book
	5:45 PM Virtual Only	David E. (830) 928-4844	Zoom ID: 715 513 8641 Password: 121212	Literature Discussion Speaker, 5th Mon.
	7:00 PM Virtual Only	Ken R. (210) 643-5309	Zoom ID: 898 2617 8803 Password: 111111	Discussion
TUES	5:45 PM Virtual Only	Julene (512) 923-0707	Zoom ID: 845 4751 6665 Password: 412908	Joe & Charlie Big Book Study; Bring BB, Notebook; Listening, writing, & sharing
	7:00 PM In Person Only	Curtis (210) 487-1683	Alamo Heights Baptist Church, 6501 Broadway, 78209	Steps, 1st Tues Big Book, 2nd Traditions, 3rd Abstinence Bk, 4th
WED	7:00 PM In Person Only	Graciela (210) 219-9660	Emmanuel Presbyterian Church 713 Division Ave, 78225	Bilingual: Español and English Literatura y Discusión - Literature and Discussion
	7:30 PM In Person Only	Barbara D. (210) 637-7203	Church of Reconciliation, Brigid Room, 8900 Starcrest, 78217	Step Study OA 12 & 12 Newcomers, Ask It Basket
THURS	12:15 PM In Person Only	Graciela (210) 219-9660	Collins Garden Library, 200 N. Park Blvd. (corner of Nogalitos) 78204	OA Literature Discussion
	7:00 PM Hybrid	Kay R. (210) 831-8079	Unity Church, Life Room, 408 Gruene Rd <b>NEW BRAUNFELS</b> , 78130 Zoom ID: 869 1940 4552 Password: 11111111	OA Literature
FRI	8:00 AM In Person Only	Steve C. (210) 259-7174	Abiding Presence Lutheran Church, 14700 San Pedro, 78232 Gym Classroom South Building	<b>NEW MEETING</b> OA Literature
	9:30 AM Virtual Only	Gwen (210) 862-8211	Zoom ID: 803 900 343 Password: 2839	Literature Discussion Speaker, 2nd Friday
	5:45 PM Virtual Only	David E. (830) 928-4844	Zoom ID: 715 513 8641 Password: 121212	Speaker & Topics Alternating Fridays
SAT	8:30 AM Hybrid	Sharon V. (210) 863-3338	Church of Reconciliation Alban Room 8900 Starcrest, 78217 Zoom ID: 140 019 469 Password 111111	OA For Today OA Voices of Recovery Discussion
<b>****MONTHLY MEETINGS****</b>				
1st SAT	9:45 AM Virtual Only	Lea B (210) 396-9295	Church of Reconciliation Alban Room 8900 Starcrest, 78217 Zoom ID: 891 6797 3011 Password 111111	SAAI Newcomer & "Welcome Back"
2nd SAT	9:45 AM Hybrid	news@ oasanantonio.com	Church of Reconciliation Alban Room 8900 Starcrest, 78217 Zoom ID: 832 224 955 Password 111111	San Antonio Area Intergroup (SAAI)